



# 1st Annual ALL-CITY CROSS-COUNTRY

## Mountain Bike Race

at the brand-new **HIGHBRIDGE PARK TRAILS** in **MANHATTAN**

# SUNDAY, MAY 20, 2007

**COURSE DESCRIPTION:** The Highbridge race loop is approx. 4 miles and includes terrain that varies from very technical and rocky to smooth, swoopy and fast. The course is primarily singletrack that twists and winds through the contours of the wooded northern section of Highbridge Park. Racers will climb the very rocky and technical "Rough Ryder" trail (named for the Rollercoaster that inhabited the same location from the mid 1890's through 1914), and descend the "Hessian Hill" trail—named for the mercenary soldiers who captured the fort on this hill in the Revolutionary War. The course offers many vantage-points for spectators.

**AGE GROUP BREAKDOWN:** Beginner, sport and expert: junior men 15-18, senior men 19-29, master men 30-39, master men 40-49, master men 50+; junior women 15-18, senior women 19-29, master women 30-39, master women 40+; first timers: junior 15-18, senior 19-29 and master 30+; singlespeed is an open class racing expert class distance; clydesdale is an open class for men over 200 lbs racing sport distance. Classes may be combined if less than five racers in a class.

**RACE CLASSES:**

<b>FIRST-TIMER</b>	Start time 9:35 AM	1 lap
<b>BEGINNER</b>	Start time 9:30 AM	2 laps
<b>SPORT</b>	Start time 11:00 AM	4 laps
<b>EXPERT</b>	Start time 12:30 PM	6 laps
<b>SEMI-PRO/PRO</b>	Start time 12:30 PM	8 laps
<b>SINGLESPEED</b>	Start time 12:30 PM	6 laps
<b>CLYDESDALE</b>	Start time 11:00 AM	4 laps

**PRIZES:** Cash payout for semi-pro, expert and singlespeed. Awards and product prizes for sport class. Awards for beginner and first-timer class.

**GETTING THERE:**

**FROM NEW JERSEY,** take the GW Bridge, then exit North on the Henry Hudson. Exit at Dyckman Street, cross over Broadway and continue several blocks until you pass under the elevated N<sup>o</sup> 1 train tracks. Take an right under the tracks and park on Ft. George Hill.  
**FROM UPSTATE,** take the Major Deegan to the 207th street exit, and cross the 207th street bridge into Manhattan. Make a left on 10th Ave, then a right on Dyckman St, and a left onto Ft. George Hill to park right before the N<sup>o</sup> 1 train tracks.  
**FROM LONG ISLAND,** take the Triborough Bridge to Harlem River Drive north to its end, then a left on to Dyckman St, and a left onto Ft. George Hill for parking.  
**IN NYC,** take the N<sup>o</sup> 1 Train to Dyckman Street and look to your right as you exit the station. You'll see the start/finish in the corner of Highbridge Park.

**REGISTRATION FOR ALL CLASSES OPENS AT 8:00 AM AND CLOSSES FOR EACH CLASS 15 MINUTES BEFORE THEIR START TIME.**

**ENTRY FEES:** \$30 for NORBA yearly license holders  
\$35 for non-license holders (includes one-day license)  
\$5 for all junior racers (15-18, in all classes)

Course will be available for **pre-ride** at the Highbridge Trails Grand Opening Festival on **Saturday, May 19.** Spectating is, of course, free.

**REGISTER ONLINE AT:**



**PRESENTED BY:**



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**Visit [www.NYCMTB.com](http://www.NYCMTB.com)**  
for more info and to download a PDF map of the race course.