

INTERMEDIATE & ADVANCED COURSE

INTERMEDIATE: ONE LAP (2 MILES)

ADVANCED: 2 LAPS (4 MILES)



City of New York
Parks & Recreation



TRAIL DETAIL



AMSTERDAM AVE

HARLEM RIVER DRIVE

HARLEM RIVER

NOTE: Green- and Blue-rated trails do include optional technical trail features rated with higher difficulty levels.



START/
FINISH

HILLSIDE AVE

NAGLE AVE

1

FORT GEORGE AVE

Dirt
Jump
Park

Skills
Loop

DYCKMAN ST

NORTH →

TENTH AVE

Rough Ryder

LEGEND

- Less Difficult**
[Relatively flat and wide. Trail surface may be loose, uneven or muddy at times. May include short, flowing singletrack sections.]
- More Difficult**
[Singletrack trail with small obstacles like roots and rocks. May include short steep sections.]
- Most Difficult**
[Steeper and tougher, with expectation of difficulty and continuous challenge.]
- Experts Only**
[Downhill and freeride terrain with extreme features requiring jump and drop ability. Full face helmet and body armor required.]
- Trail Direction**
[all trails 2-way unless otherwise marked]