

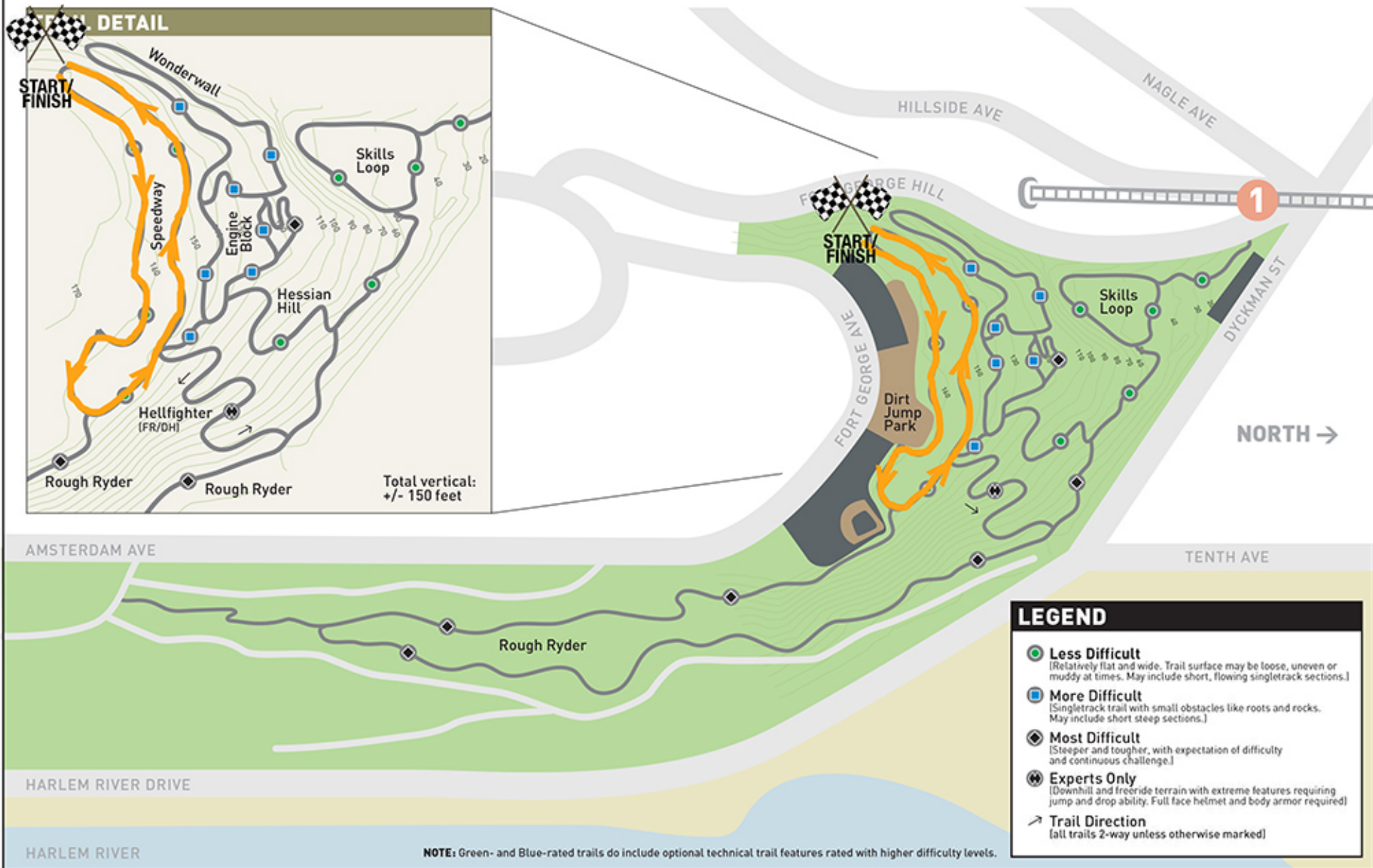
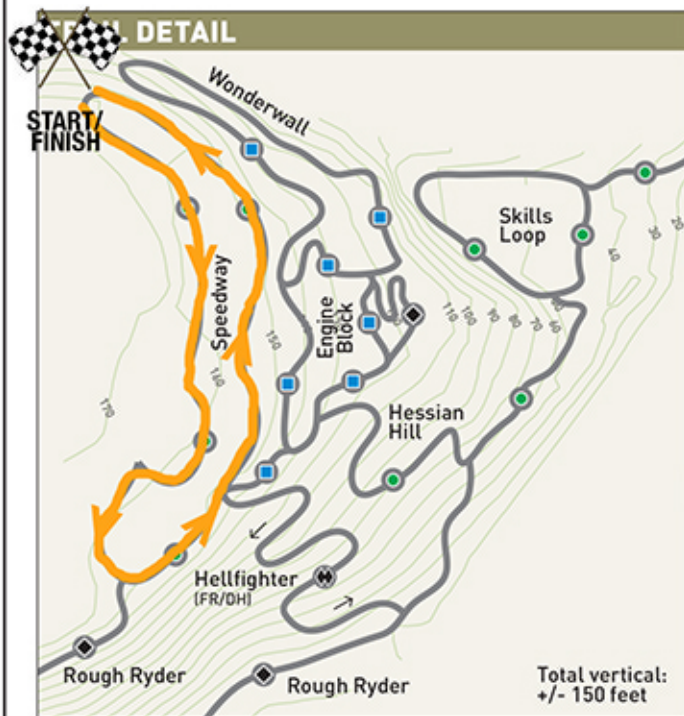
# KIDS & BEGINNERS COURSE

KIDS: ONE LAP (1/4 MILE)

BEGINNERS: 2 LAPS (1/2 MILE)



City of New York  
Parks & Recreation



## LEGEND

- Less Difficult**  
[Relatively flat and wide. Trail surface may be loose, uneven or muddy at times. May include short, flowing singletrack sections.]
- More Difficult**  
[Singletrack trail with small obstacles like roots and rocks. May include short steep sections.]
- Most Difficult**  
[Steeper and tougher, with expectation of difficulty and continuous challenge.]
- Experts Only**  
[Downhill and freeride terrain with extreme features requiring jump and drop ability. Full face helmet and body armor required.]
- Trail Direction**  
[all trails 2-way unless otherwise marked]

NOTE: Green- and Blue-rated trails do include optional technical trail features rated with higher difficulty levels.